

Curriculum vitae

Personal details:

Name	Nationality	D.B	nationality	Country and city of birth	
Samah Ramadan Ibrahim	Egyptian	1 st . Jan, 1980	Egyptian	Egypt	
Work Tel	1813			Mobile	0550471977
Email	srelrefaey@nu.edu.sa samah.alrefaai@fnur.bu.edu.eg				
Employer	College of Nursing -Najran University			Position	Assistant professor

Qualifications and certificates obtained:

Qualification	Date	University	College/Department	Field
Bachelors	2002-2003	Benha University	Faculty of Nursing	Nursing science
Master	2009	Benha University	Faculty of Nursing/ Psychiatric and Mental Health Nursing	Psychiatric and Mental Health Nursing
Doctorate	2012	Benha University	Faculty of Nursing/ Psychiatric and Mental Health Nursing	Psychiatric and Mental Health Nursing

Training courses, seminars, lectures and workshops in the field of academic administrative development:

The Course	Institute	Date	Organizer
ICDL Certificate(Information Technology – Windows Access-Word-Excel-Power point –Internet Explorer)	Faculty of Nursing	2004	Benha University
Development courses (methods of scientific research, effective communication, effective teaching, thinking of skills, law sides, pursuit ethics, toefl, and teacher preparation).	Faculty of Nursing	2007	Faculty and leadership Development center, Benha university
Characterization of courses and curriculum maps from the National	Faculty of Nursing	7-8 October 2013	

Authority for Quality Assurance and Accreditation			Benha University
MS Office power point course	Faculty of Nursing	2016	Benha University
Development courses (website management - statistical analysis - self-assessment and external auditor-Financial and legal aspects- Scientific publishing)	Faculty of Nursing	2019	Faculty and leadership Development center, Benha university
Courses in Human Development			
Courses in human development Successfully completed a training course in self-development keys	Accredited Training and Development Center	2016	Accredited Training and Development Center
Comprehensive course in Diploma of Positive Thinking	Accredited Training and Development Center	2017	Accredited Training and Development Center
Completion of the training program in the field of dissemination of values of integrity, transparency and awareness of the dangers of corruption and its prevention during the period	Administrative Oversight Authority	12-11-2017 until 16-11-2017	Civil Defense and Administrative Oversight Authority of the Ministry of Interior
Scientific Workshops			
Workshop on how to prevent mumps disease	Faculty of Nursing	20, March 2013	Faculty of Nursing, Benha University
Participated as a lecturer in the activities of a workshop entitled Emotional Intelligence.	Faculty of Nursing	22 December 2013	Faculty of Nursing, Benha University
Workshop entitled of (Rules of promotion for faculty members)	Faculty of Nursing	26 Feb. 2014	Faculty of Nursing, Benha University
Workshop entitled of (How to write research projects)	Faculty of Nursing	29-April, 2014	Faculty of Nursing, Benha University
Workshop entitled of (Application of academic standards for graduates of nursing colleges)	Faculty of Nursing		Faculty of Nursing, Benha University
Workshop entitled "How to Write Competitive Projects and International Publications"	Faculty of Nursing	Wednesday , 20-5-2015	Faculty of Nursing, Benha University
Workshop entitled of (Standardization the paper of test)	Faculty of Nursing	Dec.2015	Faculty of Nursing, Benha University
Workshop entitled of (Blue Print)	Faculty of Nursing	Jan.2016	Faculty of Nursing, Benha University

Workshop entitled of (The Egyptian of Knowledge Bank)	Faculty of Nursing	Nove.2016	Benha University
workshop entitled of (Updating of C.v. and websites of faculty staff and demonstrators on university's website)	Faculty of Nursing	26-2-2017	Faculty of Nursing, Benha University
A series of 5*3 hour Webinars Relating to training and supervision in advanced developmental transactional analysis	Faculty of Nursing	July, August, September 2015, 22 and 29 February 2017.	Faculty of Nursing, Benha University
Workshop entitled (How to write a research paper and proposal)	Faculty of Nursing	17-18 May 2016	Menoufia University
Workshop entitled (Plagiarism in Nursing)	Faculty of Nursing	17-18 May 2016	Menoufia University
workshop in the 1st. conference" Problems of Adolescence and It's Management"	Faculty of Nursing	17-18 May 2016	Menoufia university
Workshop entitled of (Ethics in Psychiatric Nursing)	Faculty of Nursing	17-18 May 2016	Psychiatric Menoufia University
4 th . annual and 1st. international scientific conference of the Faculty of Nursing, Benha University in Collaboration with psychological Intelligence Foundation (PIFCIC) (Nursing in Generation "Y"1 Challenge & Opportunities)	Faculty of Nursing	19 July 2017	Benha University
1 st . Scientific day of Psychiatric and Mental Health Nursing department " Child Abuse"	Faculty of Nursing	2017	Benha University
2 nd . Scientific day of Psychiatric and Mental Health Nursing department " Psychosocial Problems of Internet Abuse"	Faculty of Nursing	Wednesday , 18 April 2018	Benha University
Monthly scientific day of Psychiatric department, Faculty of Medicine	Faculty of Medicine	2018	Hospital of Benha University
Arab Diabetes Forum Virtual Events 2020 (ADF)	The American Association of continuing Medical Education	8-9 October 2020	Zagazig University

Quality standards for designing electronic courses	Deanship of E-Learning and Distance Education	16 Nov. 2020	Najran University
Program Description According to the Developed Forms of Education and Training Evaluation Commission (ETEC)	Faculty of Nursing (skills development unit at the Deanship of development & Quality	30 Nov. 2020	Najran University
"Systematic Reviews: not as difficult as we think"	Research Support Center	Feb 13 th .. 2021	Helwan University
"Scientific Publishing in the Arab World: Problems Strategies"	Academic & Researchers Platforms (IFAD)	14 Feb. 2021	Islamic university, Madinah
"Total Quality Management: Philosophy and Practice"	Academic & Researchers Platforms (IFAD)	8 March 2021	Islamic university, Madinah
"Statistical Analysis of Questionnaire Data Designed to Measure Facts in Social Research"	Academic & Researchers Platforms (IFAD)	10 March 2021	Islamic university, Madinah
"Scientific Research: Problems and Observation"	Academic & Researchers Platforms (IFAD)	12 March 2021	Islamic university, Madinah
Sixth International Conference	Faculty of Nursing	18 May 2021	Mansoura University
Quality of Education and Scientific Research	Academic & Researchers Platforms (IFAD)	11 June 2021	Islamic university, Madinah
What makes a good mentor/supervisor and creates skillful researcher?	Research Support Center	11 th .Septem. 2021	Helwan University
Student and community activities			
Actively Organizing and participation in 2 nd Ceremony graduates Benha University	Faculty of Nursing	2011-2012	Benha University
Quality performance in the faculty of nursing adoption ceremony	Faculty of Nursing	May2015.	Benha University
Participate in preparing the plan of student activities	Faculty of Nursing	2012-2013	Benha University
Seminar titled "Improving the Quality of Kindergarten", Anas Bin Malik School	Anas Bin Malik School	March,2013	Benha University

Seminar on anxiety expressed concern for students of schools in the village of Abu Zaabal medical convoy	schools in the village of Abu Zaabal	2013-2014	Benha University
Seventh Regional Week for Community Service and Environmental Development	Faculty of Nursing	23-26 March 2014	Benha University
Quality of Performance on the occasion of the accreditation ceremony.	Faculty of Nursing	March 2015	Benha University
3rd Ceremony graduates Benha University	Faculty of Nursing	2015-2016	Benha University
Regional week in Qalioubia Governorate	Faculty of Nursing	3-5 May 2016	Benha University
Participation in training course for the nurses "First Aid"	Nursing Syndicate	30-31/8/2016	Ministry of health
Training courses for the Nurses "Role of Nurse before Operation" Nursing Syndicate in Qalioubia	Nursing Syndicate	2016-2017	Ministry of health
Training courses for the Nurses "Infection Control" Nursing Syndicate in Qalioubia	Nursing Syndicate	2016-2017	Ministry of health
participation in the events of drive doors ways National Council of Women in Qalioubia	Faculty of Nursing	8 April 2017	Benha University
Participation in the events of medical convoys in the Qalioubia Governorate	Faculty of Nursing	9April 2017 to 12 April 2017	Benha University
The medical convoy of the village of Arab Al-Atiyat in Assiut	Medical center in Assiut	2017	Benha University
Different education: Dealing with students According to the Personality Style and Multiple Intelligences.	Faculty of Nursing (skills development unit at the Deanship of development & Quality	25 Nov. 2020	Najran University

Employment History:

Work Position	Work requirement	Work institution	Department	Period	
				From	To
Academic Progression					
Associate professor in Psychiatric and Mental Health Nursing	PHD certificate	Faculty of Nursing- Benha University	Psychiatric and Mental Health Nursing	2020	Till present

Assistant professor of Psychiatric and Mental Health Nursing	PHD certificate	Faculty of Nursing- Najran University	Community and Psychiatric and Mental Health Nursing	2019	Till present
Lecturer of Psychiatric and Mental Health Nursing	PHD certificate	Faculty of Nursing- Benha University	Psychiatric and Mental Health Nursing	2012	2020
Assistant lecturer of Psychiatric and Mental Health Nursing	Master certificate	Faculty of Nursing- Benha University	Psychiatric and Mental Health Nursing	2009	2012
Demonstrator in Psychiatric and Mental Health Nursing Department	certificate Bachelor's degree	Faculty of Nursing- Benha University	Psychiatric and Mental Health Nursing	2004	2009
Administrative position					
Member of the Information Technology unit	Faculty of Nursing- Benha University		Psychiatric and Mental Health Nursing	2009	2014
Deputy director of the Information Technology unit	Faculty of Nursing- Benha University		Psychiatric and Mental Health Nursing	2017	2019
Coordinator of the financial and material resources of the Quality Assurance and Accreditation Unit	Faculty of Nursing- Benha University		Psychiatric and Mental Health Nursing	2012	2019
Member of the Quality Assurance and Accreditation Unit	Faculty of Nursing- Benha University		Psychiatric and Mental Health Nursing	2012	2019
Member of the Environment committee	Faculty of Nursing- Benha University		Psychiatric and Mental Health Nursing	2016	2019
Chairman of the Committee for Resource Development	Faculty of Nursing- Benha University		Psychiatric and Mental Health Nursing	2017	2019
Chairman of the Committee for the Prevention and Control of Corruption	Faculty of Nursing- Benha University		Psychiatric and Mental Health Nursing	2018	2019

Deputy director of the quality unit	Faculty of Nursing- Najran University	Community and Psychiatric and Mental Health Nursing	2020	2021
Supervisor of development and quality unit	Faculty of Nursing- Najran University	Community and Psychiatric and Mental Health Nursing	2021	Till present

Memberships and scientific committees participating in:

	Organization	Type of Membership	Country/ place
	Scientific societies		
1	Faculty of Nursing, Najran University	Member in teaching and learning committee	Kingdom Saudi Arabia
2	Faculty of Nursing, Najran University	Member in committee of development of academic planning	Kingdom Saudi Arabia
٣	African Journal of Reproductive Health	Reviewer	Open access
٤	Faculty of Nursing, Benha University	Member of the Research Unit	Egypt / Faculty of Nursing, (2012-2019)
	Academic work committees		
1-	Benha University	Member of the personal interview committee for students	Egypt / Faculty of Nursing, (2016-2019)
3-	Benha University	Member of the Library committee	Egypt / Faculty of Nursing, (2012-2014)
4-	Benha University	Member of Post Graduate Studies control (Master 2nd. Degree),	Egypt / Faculty of Nursing, (2012-2019)

Other Skills:

Type of Skill	Skills			
Technical	Practical skills Teaching skills Communication skills Teamwork skills Leader skills Researcher skills Computer skills			
Languages	Language	Reading	writing	Speaking
	Arabic	Excellent	Excellent	Excellent
	English	Good	Good	Good

Teaching and others	Psychiatric and Mental Health Nursing course for undergraduate– Faculty of nursing, Benha University, Egypt, from 2012-2019.
	Health Education for third year for academic year 2015-2016.
	Psychiatric and Mental Health Nursing course for second year in Nursing Institute, Benha university (Egypt) 2015-2016.
	Psychiatric and Mental Health Nursing course for second year in Nursing Institute Benha university (Egypt) 2017-2018.
	Participation in course specifications & program specification for postgraduate Benha university (Egypt) from 2013-2014 to 2018-2019.
	Psychiatric and Mental Health Nursing course for level six in Faculty of Nursing, Najran University from 2019-till now.
	Psychosocial health variation in health and illness course for level three in Faculty of Nursing, Najran University from 2019-till now.
	Biostatistics and epidemiology course for level eight in Faculty of Nursing, Najran University from 2019-till now.

Theses supervision

Master theses:

- Relationship between Perceived Parenting Styles and Behavioral Problems among School Age Children.
- Relation between Smoking, Depressive Symptoms, and Aggressive Behavior among Psychiatric Patients.
- The relationship between emotional intelligence and self-efficacy for psychiatric and mental health nurses during clinical practice.
- Assessment of depression and psychological and social problems among newly diagnosed cancer patients at Banha University Hospital.
- The relationship between emotional intelligence and personality traits among students of Benha University colleges.
- Assessment of Psychological Problems among Adolescent Female with Burn.
- Depressive Symptoms of Patients with Rheumatoid Arthritis and its Relationship to Caregiver's Reaction and Feeling of Burden.

Doctorate theses:

- Psycho-educational Program about Coping Strategies for Reducing Auditory Hallucination among Schizophrenic Patients.
- A psychosocial program to improve the quality of life in patients with bladder cancer undergoing urinary incontinence
- Psychological psychological program for mental health patients to protect themselves and others from the occurrence of aggression between acute cases of psychiatric patients in the internal department

Publications

- Effect of Orem Self-Care Model on School-Age Children and Teenagers with Autism and their Parents- (2016). The 8th. International Scientific Nursing Conference-Faculty of Nursing, Helwan University, Egypt. At 27-28 March, 2016.

<ul style="list-style-type: none"> • The Relationship between Personality Traits, Optimism of Pediatric Nursing Student and their Theoretical and Practical Achievement- (2017). The 9th International Scientific Nursing Conference- Faculty of Nursing- Helwan University- Egypt. At 23-24 April, 2017.
<ul style="list-style-type: none"> • Relationship between perceived Parenting Styles and Behavior problems among School Age Children, (2017). Menoufia Nursing Journal Vol. (1) No.(2).
<ul style="list-style-type: none"> • Relation between Smoking, Depressive symptoms, and Aggressive behavior among psychiatricpatients, (2017). Menoufia Nursing Journal Vol. (1) No.(2).
<ul style="list-style-type: none"> • Assessment of Psychological Problems among Adolescent Female with Burn. (2018). Advanced in Nursing Science and Practices "Nursing Vision 2030" The annual 5th.Scientific and 2nd. International Nursing Conference, Faculty of Nursing, Benha University in collaboration with Najran University.
<ul style="list-style-type: none"> • Psychological Problems among adolescent with Acne Vulgaris, (2018). Faculty of Nursing, Ain Shams Nursing Journal
<ul style="list-style-type: none"> • Stress Level and Coping Behaviors of Psychiatric Nursing Students Pre and Post Clinical Practice- (2018). IOSR Journal of Nursing and Health Science (IOSR NHS) – vol (7), issue (2), (Mar-Apr .2018); pp: 54-64.
<ul style="list-style-type: none"> • Psychological Problems and its Effect on Spiritual Well-being among Substance abuse patients - International Journal of Novel Research in Healthcare and Nursing, (2018). vol(5), issue(3), (Sept.- Dec. 2018); pp:81-93.
<ul style="list-style-type: none"> • The Relationship between Bullying, Achievement Factors, and Self-Esteem among Nursing Students- (2018). International Journal of Novel Research in Healthcare and Nursing, vol(5), issue(3), (Sept.-Dec. 2018);pp:476-489.
<ul style="list-style-type: none"> • Effect of the Nursing Practice of Creative Art Therapy on Psychiatric Symptoms among Schizophrenic Patients- (2019). American Journal of Nursing Research (2019); vol.(7), No.(1), pp: 14-23.
<ul style="list-style-type: none"> • The Effectiveness of Behavioral Intervention on Anxiety and Distress Levels among Upper Gastroscopy patients - (2019). American Journal of Nursing Research (2019); vol.(7), No.(1), pp: 58-64.
<ul style="list-style-type: none"> • Effectiveness of a motivational interviewing program on smoking cessation among smoker patients with heart disease- (2019). IOSR Journal of Nursing and Health Science (IOSR NHS) (2019)– vol (8), issue (1),pp: 61-74.
<ul style="list-style-type: none"> • Effect of Coping Strategies program on Quality of Life, (2019). Evidence-Based Nursing Research Vol.(1) No. (3)
<ul style="list-style-type: none"> • Psycho educational Program about Coping Strategies for Reducing Auditory Hallucinations among Schizophrenic Patients. (2019). Nursing Voice. International Standards and Competences, The annual and 3rd. International Scientific Conference of Nursing Faculty, Benha University, Egypt. Collabortion with and Bob Jones University, Greenville, South Carolina, USA Lincoln University, Malaysia, Najran University, KSA. & Alghad International Colleges for Applied Medical Sciences.
<ul style="list-style-type: none"> • The relationship between Emotional Intelligence and Personality Traits among Students of Benha University Colleges. (2019). Nursing Voice. International Standards and Competences, The annual and 3rd. International Scientific Conference of Nursing Faculty, Benha University, Egypt. Collabortion with and Bob Jones University, Greenville, South Carolina, USA Lincoln University, Malaysia, Najran University, KSA. & Alghad International Colleges for Applied Medical Sciences.
<ul style="list-style-type: none"> • Assessment of depression and psychological and social problems among newly diagnosed cancer patients at Benha University. (2019). Hospital. The relationship between Emotional Intelligence and

Personality Traits among Students of Benha University Colleges. Nursing Voice. International Standards and Competences, The annual and 3rd. International Scientific Conference of Nursing Faculty, Benha University, Egypt. Collaboration with and Bob Jones University, Greenville, South Carolina, USA Lincoln University, Malaysia, Najran University, KSA. & Alghad International Colleges for Applied Medical Sciences.

- Stress, Anxiety, and Depression Symptoms in a Population Sample in The Initial Stage of The Coronavirus (COVID-19) Pandemic Outbreak. (2020). Evidence-Based Nursing Research Vol. 2 No.3. Received May 31, 2020, accepted June 20, 2020.
- The Effect of Tailored Psycho-Educational Program on Pregnant Women's Anxiety and Knowledge about Self-care Management Regarding Minor Discomfort, (2020). Sys Rev Pharm vol. (11), no(12), PP:2430- 243
- Effect of Muscle Stretching and Range of Motion Exercises on Sleep Quality and Anxiety among Hemodialysis Patients, (2020). Egyptian Journal of Health Care, EJH vol. (11) no. (4).
- Physical, Emotional and Sexual Child Abuse among School-Age Children with in Family Members in Qualubia Governorate. (2021). International Journal of Novel Research in Healthcare and Nursing Vol. 8, Issue 2, pp: (88-102), Month: May - August 2021, Available at: www.noveltyjournals.com
- Mental well-being among Health Care Workers in Najran city. (2021). International Journal of Acta Psychopathologica. www.imedpub.com 2021, Vol. (7), No. 1.
- Effect of Psycho-education program on Quality of Life Among Diabetic patients during Covid-19, in Najran City, 2021. (2021). Jundishapur Journal of Microbiology Research Article Published online 2022 January Vol. 15, No.1 (2022)
- Effect Of Palliative Care Training Program On Perceived Self-Efficacy And Stress Of Nurses. (2022). Journal of Positive School Psychology <http://journalppw.com> 2022, Vol. (6), No. 9, 510-521
- Effect of Benson Relaxation Technique on Reducing pain and Stress among Post cesarean Section Mothers. (2022). Journal of Positive School Psychology <http://journalppw.com> 2022, Vol. (6), No. 8, 6820-6848.

Dr. Samah Ramadan

Associated professor of Psychiatric and Mental Health Nursing