

## Curriculum vitae

### Personal details:

Name	Nationality	D.B	Nationality	Country and city of birth
Hamda Ahmed Eldesoky	Egypt	20/7/1987	Egypt	Egypt, Elbehira governorate
<b>Work Tel</b>				<b>Mobile</b> ----
<b>Email</b>	hmedesoky@nu.edu.eg			
<b>Employer</b>	College of Nursing -Najran University		<b>Position</b>	Assistant prof.

### Aims:

Type	Aim
<b>Academic</b>	Achieving the academic vision of the university and ensuring the quality of educational outputs in line with the vision of the Kingdom of Saud Arabia.
<b>Personal</b>	Teamwork with academic and administrative staff and continuous knowledge development

### Qualifications and certificates obtained:

Qualification	Date	University	College/Department	Field
Bachelor's degree of Nursing Science	2009/ 2010	Alexandria University	Nursing science	Nursing
Master degree in Medical Surgical Nursing,	2015	Alexandria University	Medical surgical Nursing	Medical Surgical Nursing
PHD in Medical Surgical Nursing	2018	Alexandria University	Medical surgical Nursing	Medical Surgical Nursing

### Training courses, seminars, lectures and workshops in the field of academic administrative development:

The Course	Institute	Date	Organizer
<b>Workshops and Training programs</b>			
Digital Transformation of Metacognitive Strategies	Adip, Pedagogical Innovation and distance Learning Center- Alexandria University	11 April 2023	Adip, Pedagogical Innovation and distance Learning Center, Alexandria University
New Trends in E learning	Adip, Pedagogical Innovation and distance Learning Center- Alexandria University	6 April 2023	Adip, Pedagogical Innovation and distance Learning Center, Alexandria University
Artificial Intelligence in Medical Education	Adip, Pedagogical Innovation and distance Learning Center- Alexandria University	4 April 2023	Adip, Pedagogical Innovation and distance Learning Center, Alexandria University
Undergraduate research: means of pedagogical innovation	Adip, Pedagogical Innovation and distance Learning Center- Alexandria University	26 March 2023	Adip, Pedagogical Innovation and distance Learning Center, Alexandria University

Advanced wound care from practical points of view	Adip, Pedagogical Innovation and distance Learning Center- Alexandria University	6 Dec 2022	Alumni Unit– Medical Surgical department- Faculty of Nursing
Creating Interactive Pedagogical Videos"	Adip, Pedagogical Innovation and distance Learning Center- Alexandria University	3/28 April 2022	Adip, Pedagogical Innovation and distance Learning Center, Alexandria University
Teaching and Learning Standard: Tips and Tricks	Faculty of Nursing – Alexandria University	5 July 2020	Quality Assurance Unite- Faculty of Nursing – Alexandria University
Competency-Based Course Specification: Tips and Tricks	Faculty of Nursing – Alexandria University	30 August 2022	Quality Assurance Unite- Faculty of Nursing – Alexandria University
Simple Tools to Design and Produce Pedagogical Videos	Adip, Pedagogical Innovation and distance Learning Center, Alexandria University	15 April /11 June 2021	Adip, Pedagogical Innovation and distance Learning Center, Alexandria University
How to select the right journal to submit your manuscript?	Faculty of nursing- Damanhour university	9 Sep 2020	Faculty of nursing- Damanhour university
BLS & ACLS Updates	Faculty of Nursing – Alexandria University	22 June 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
The growing problem of new addictive substance in Egypt"	Faculty of Nursing – Alexandria University	10 June 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
Mastery of ECG Basics	Faculty of Nursing – Alexandria University	14 May 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
COVID-19 Update	Faculty of Nursing – Alexandria University	13 May 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
Practical tips for joining leading bodies in public health, including working for WHO and leading academic institutions	Faculty of Nursing – Alexandria University	14 May 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
Branding Health Care Experience	Faculty of Nursing – Alexandria University	11 May 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
Using global databases through the Egyptian Knowledge Bank"	Faculty of Nursing – Alexandria University	7 May 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
International Journal Publication: How to be there?"	Faculty of Nursing – Alexandria University	5 May 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University

The ABCs of ABGs interpretation	Faculty of Nursing – Alexandria University	4 May 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
Nursing research: maximize resources utilization	Faculty of Nursing – Alexandria University	27 April 2020	Training Unit Community Services- Faculty of Nursing – Alexandria University
Coping with the Stress of Coronavirus	Harvard Medical School	18 April 2020	Faculty of Medicine, Harvard Medical School
ECG Workshop	Faculty of Medicine- Alexandria University.	18-21 June 2019	Cardio vascular department -Faculty of Medicine, Alexandria University
<b>Training program</b>			
Bed sores stages and management , Oxygen therapy , Medication administration and medication rights	Nile of Hope Academy based in Alexandria	14 Feb 2023	Pediatric surgeries & Congenital Anomalies Nile of Hope Hospital
Infection control and prevention	Faculty of Nursing – Alexandria University	15 Nov 2022	Training Unit Community Services- Faculty of Nursing – Alexandria University
First Aid	Faculty of Nursing – Alexandria University	7 Nov 2022	Training Unit Community Services- Faculty of Nursing – Alexandria University
Breast cancer Nursing care and Management	African center for women’s health care for conducting the training	19/20 April 2022	Training Unit Community Services- Faculty of Nursing – Alexandria University
International publication of scientific research in the period from	Alexandria University - Faculty leadership `development center (FLDP Center)	26-27 Jan 2022	Alexandria University , Faculty leadership `development center (FLDP Center)
Quality standers in teaching process	Alexandria University - Faculty leadership `development center (FLDP Center)	12/13 Jan 2022	Alexandria University , Faculty leadership `development center (FLDP Center)
Research ethics and scientific plagiarism	Alexandria University - Faculty leadership `development center (FLDP Center)	8-9 Jan 2022	Alexandria University , Faculty leadership `development center (FLDP Center)
Patient Right and Ethical Consideration	Main Alexandria University Hospital	12 August 2021	Main Alexandria University Hospital
Financial and legal aspects of university business,	Alexandria University - Faculty leadership `development center (FLDP Center)	12-13 August 2020	Alexandria University , Faculty leadership `development center (FLDP Center)
Design and production of digital content	Alexandria University - Faculty leadership -	17-18 Feb	Alexandria University , Faculty leadership

	`development center (FLDP Center)	2021	`development center (FLDP Center)
Standard precautions: Hand hygiene	Health Emergencies Programme , World Health Organization	24 April 2020	Health Emergencies Programme , World Health Organization
Infection Control Basic Proficiency	4m Ed Plus Medical And Technical Advisory Boards and Have Been Nationally Accredited For Continuing Education Credit, professional Training and certificaties	22 April 2020	4m Ed Plus Medical And Technical Advisory Boards and Have Been Nationally Accredited For Continuing Education Credit, professional Training and certificaties
Be an Online Tutor in 24 Hours Course	Hamdan Bin Mohammed Smart University	April 2020	Hamdan Bin Mohammed Smart University
Immunological Testing During COVID-19	Harvard Medical School	18 April 2020	Harvard Medical School
COVID-19 Pulmonary, ARDS, and Ventilator Resources”	American association of critical and care nurse	12 April 2020	American association of critical and care nurse.
Infection Prevention and Control (IPC) for Novel Coronavirus (COVID-19	Health Emergencies Programme ,World Health Organization	11 April 2020	Health Emergencies Programme ,World Health Organization.
COVID-19: Operational Planning Guidelines and COVID-19 Partners Platform to support country preparedness and response	Health Emergencies Programme, World Health Organization	9 April 2020	Health Emergencies Programme, World Health Organization
OSCE: Why and How Understanding OSCE	Faculty of Nursing – Alexandria University	10 Sep 2019	Faculty of Nursing – Alexandria University
Safety uses of Antibiotics	Nursing Technical Institute, University of Alexandria	31 July 2019	Nursing Technical Institute, University of Alexandria
Prevention of lymphedema among post mastectomy women	Medical Research Institute, University of Alexandria	14 July 2019	Medical Research Institute, University of Alexandria
Acupressure& Reflexology	Faculty of Physical Education – Girls Alexandria University	31 Oct to 3 Nov 2019	Faculty of Physical Education – Girls Alexandria University
Funded research projects and management of the research team	Faculty and Leadership Development Center, University of Alexandria ,	17/18 Nov 2018	Faculty and Leadership Development Center, University of Alexandria
The Credit Hours System	Faculty and Leadership Development Center, University of Alexandria ,	2017	Faculty and Leadership Development Center, University of Alexandria
Student Evaluation and Examination Techniques	Faculty and Leadership Development Center,	2017	Faculty and Leadership Development Center,

	University of Alexandria		University of Alexandria
TOFEL course	Faculty of arts, University of Alexandria	2015	Language Studies and translation center
Quality Standards in Education	Faculty and Leadership Development Center, University of Alexandria	2015	Faculty and Leadership Development Center, University of Alexandria
<b>Scientific Conferences</b>			
In the Diabetes Awareness Month: Diabetes AT a Glance	Faculty of Nursing – Alexandria University	29 Nov 2022	Alumni Unit– Faculty of Nursing – Alexandria University
Core competencies of professional nurse	Faculty of Nursing – Alexandria University	25 Oct 2022	Alumni Unit– Faculty of Nursing – Alexandria University
Overview on Pediatric Autoimmune and Auto inflammatory Disease	Faculty of Nursing – Alexandria University	25 Sep 2022	Alumni Unit– Faculty of Nursing – Alexandria University
World Asthma Day	Faculty of Medicine, Alexandria University	12 May 2022	Faculty of Medicine, Alexandria University.
The international Conference of The New Trends in Medical and Nursing towards Innovations in Health Care	Faculty of nursing, Alexandria University	25 Oct 2021	Faculty of nursing, Alexandria University and Basra University
Statistical Analysis in Clinical Research	Faculty of nursing, Halwan University	10 June 2021	Faculty of nursing, Halwan University
Fourth Generation Universities between Reality and Aspiration	Faculty of Medicine - Ain Shams University	6/8 April 2021	Faculty of Medicine -Ain Shams University
Cardio Risk- Wave 01- Virtual Meeting	Faculty of Medicine, Menoufia University	22 Feb 2021	Faculty of Medicine - Menoufia University.
11 <sup>th</sup> Annual Conference of the Egyptian Group for the study of Gastrointestinal Motility"	Faculty of Medicine, Alexandria University	19-20 Sep 2019	Faculty of Medicine- Alexandria University
International Annual Scientific Conference of Cardiology Cardiovascular Research Education.Prevention	Faculty of Medicine- Alexandria University	18-21 June 2019	Cardio vascular department -Faculty of Medicine, Cardio Alex. Alexandria University
7 <sup>th</sup> International Annual Conference of Department of Surgery in conjoint with Surgical Nursing Conference	Faculty of Medicine, Alexandria University.	11 April 2019	Faculty of Medicine, Alexandria University.
11 <sup>th</sup> Critical Care and Emergency Nursing Congress Toward Excellence in Critical Care Nursing	Faculty of nursing- Alexandria University	28 March 2019	Critical Care and Emergency Nursing department-Faculty of nursing, Alexandria University

Woman's Health within the Scope of Sustainable Development Goals	Faculty of nursing- Alexandria University	7 March 2019	Obstetrics and gynecology department Faculty of nursing, Alexandria University
11 <sup>th</sup> Annual Conference Neuropsychiatry Department	Faculty of medicine- Alexandria University	1 March 2019	Faculty of medicine, Alexandria University.
Infection Control: How to be on the Same Page?"	Faculty of nursing- Alexandria University	10 Feb 2019	Medical surgical department- Faculty of medicine, Alexandria University
Woman's Health Investment as a Key to Global Health and prosperity	Faculty of nursing- Alexandria University	March 2018	Obstetrics and gynecology department Faculty of nursing, Alexandria University
Evidence based practice in health promotion: challenges and strategies"	faculty of nursing, Alexandria university	21 Nov 2017	Medical-surgical nursing department, faculty of nursing, Alexandria university
8 <sup>th</sup> Annual Scientific Meeting "Clinical Nursing Performance: The Dichotomy between Faculty Education and Hospital Practice	Faculty of medicine, Alexandria University	10 May 2015	Faculty of medicine, Alexandria University

#### Employment History:

Work Position	Work requirement	Work institution	Department	Period	
				From	To
Demonstrator	BSCs in nursing	Faculty of nursing. Alexandria University	Medical-surgical nursing	2010	2015
Assistant lecturer	Master's degree	Faculty of nursing. Alexandria University	Medical-surgical nursing	2015	2018
Lecturer	PHD in Nursing	Faculty of nursing. Alexandria University	Medical-surgical nursing	2018	2023
Assistant prof	PHD in Nursing	Faculty of nursing. Najran University	Medical-surgical nursing	2023	Now

#### Memberships and scientific committees participating in:

	Organization	Type of Membership	Country/ place
<b>Scientific societies</b>			
1	Alexandria University	Member in the quality and development unit	Egypt/ Alexandria
2	Alexandria University	Member in the E-Learning team	Egypt/ Alexandria
3	Alexandria University	Member in Libraries Committee	Egypt/ Alexandria
4	Alexandria University	Member in Alumni Unit	Egypt/ Alexandria
5	Alexandria University	Member of the Nursing Graduates Association	Egypt/ Alexandria
6	Alexandria University	Member of the Nursing Profession Syndicate	Egypt/ Alexandria
7	Najran University	Member in the quality and development	KSA /Najran
<b>Academic work committees</b>			
1	Alexandria University	Member Student activities and support Unit	Egypt/ Alexandria
2	Alexandria University	Member of the academic advising committee	Egypt/ Alexandria
3	Alexandria University	Coordinator of the course of internal medicine	Egypt/ Alexandria
4	Alexandria University	Coordinator of the course of microbiology	Egypt/ Alexandria
5	Alexandria University	Member in exam and control unit	Egypt/ Alexandria

### Other Skills:

Type of Skill	Skills			
<b>Technical</b>				
<b>Languages</b>	<b>Language</b>	<b>Reading</b>	<b>writing</b>	<b>Speaking</b>
	<b>Arabic</b>	excellent	excellent	excellent
	<b>English</b>	Very good	Very good	Very good
<b>Teaching</b>	Medical Surgical Nursing (II,III) theoretical course for under graduate students, higher institute of nursing students& bridging Program, Faculty of nursing, and Alexandria University, 2018-2023.			
	Therapeutic Nutrition theoretical course for under graduate students, higher institute of nursing students, Faculty of nursing, and Alexandria University, 2022-2023.			
	Nutrition theoretical course for under graduate students, Faculty of nursing, and Alexandria University, 2021-2022.			
	Health Assessment theoretical course for turn students, condensed program, Faculty of nursing, Alexandria University, 2019, 2020-2021.			
	Medical terminology course for turn students &condensed program, Faculty of nursing, Alexandria University 2020, 2021-2022.			
	Nutrition in Nursing theoretical course for turn students, for turn students &condensed program, Faculty of nursing, Alexandria University 2020, 2021.			
	First Aid theoretical course for turn students, Faculty of Arts, Alexandria University .2021-2022.			
	New Concept in nursing course for undergraduate students, Faculty of nursing, Alexandria University, 2019&2020.			
	Pathology theoretical course for turn students, for condensed program, Faculty of nursing, Alexandria University 2018.			
	Clinical training and supervision for students in clinical areas and skill labs Faculty of nursing, Alexandria University ,2011-2023			
	Working as nurses in intensive unit at Andalusia Hospitals ,(2010)			
	One year experience as a nurse in turn at Alexandria university hospitals(2009/2010)			
	Participated as a trainer in the Health Care Attendants Program Eime Center for Containing Education Alexandria 2019.2020&2021.			
	Participate in community Activities			
Supervisor for Master of Nursing Sciences Degree				

### Publications

#	Details
1.	Effect of Epleys Maneuver and Brandt-Daroff Exercise on Decreasing Severity and Recurrence of Benign Paroxysmal Positional Vertigo Egyptian Journal of Health Care, 2023 EJHC Egyptian Journal of Health Care, 2023 EJHC Vol 14. No.1
2.	Effect of Self -Management Nursing Intervention on Quality of Sleep and Daily Living Activities among Patients with Psoriasis ,Egyptian Journal of Nursing & Health Sciences, EJNHS Vol.4, No.1 March 2023
3.	Effect of Structured Educational Package on Self Efficacy and Drug Adherence among Epileptic Patients, International Egyptian Journal of Nursing Sciences and Research (IEJNSR) Vol. 3 (2), 2023
4.	Effects of Progressive Muscle Relaxation Technique on Severity of Restless Legs Syndrome Among Patients on Maintenance Hemodialysis, Egyptian Journal of Health Care, EJHC Vol , (13) No,(3)September 2022

5.	Effect of Nursing Rehabilitation Program on Knee Functional Outcomes for Patients undergoing Arthroscopic Meniscus Surgery. Egyptian Journal of Health Care, 2022 EJHC . Vol.13, Issue 2.
6.	Effect of Reflexology Foot Massage on Pain intensity and Physical Functional Abilities Among Patients with Knee Osteoarthritis ,Egyptian Journal of Nursing & Health Sciences, EJNHS Vol.3, No.1 March 2022
7.	Impact of Brain Gym Training on Cognitive Performance of Undergraduate Nursing Students. Egyptian Journal of Health Care, 2022 EJHC Egyptian Journal of Health Care, 2022 EJHC Vol 13. No.1
8.	Valsalva Maneuver: Reducing Procedural Pain and Anxiety for Patients Undergoing Peripheral Intravenous Cannulation ,Egyptian Journal of Nursing & Health Sciences, September 2021, Vol.2, No.2
9.	Physical and psychosocial adaptation strategies for patients with multiple sclerosis, Egyptian Journal of Health Care, 2021 EJHC Vol.12, Issue.1 March 2021.
10	Effect of Teaching Program on postoperative Health Outcomes for Patients undergoing Keratoplasty ,Egyptian Journal of Health Care, EJHC Vol.11 No.4 December 2020.
11	Asthmatic Patients' Compliance of Inhaler Therapy and its Relation to their Health, IOSR Journal of Nursing and Health Science (IOSR-JNHS) Volume 9, Issue 2 Ser. VI (Mar - Apr. 2020), PP 46-54Beliefs
12	Effect of Implementing a Nursing Management Protocol on the Postoperative Health Outcomes for Patients undergoing Tympanoplasty, Egyptian Journal of Health Care, EJHC Vol.10, Issue,4. December 2019

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**Date: 6 – MAY - 2023**